

To enhance the lives of people
with Alzheimer's disease and other
dementias

Alzheimer Caregiver Support Group

The Alzheimer's Association's Caregiver Support Groups are designed to provide emotional, educational and social support for caregivers through regularly scheduled meetings. They help participants develop methods and skills to solve problems. The groups encourage caregivers to maintain their own personal, physical and emotional health, as well as optimally care for the person with dementia.

Call our 24/7 Helpline at 800.272.3900 or visit us at www.alz.org/delval

- To learn more about this support group
 - To find a support group in another area
 - To learn about other Alzheimer's Association programs and services
 - To access our services day or night
 - To volunteer your time and energy to achieve a world without Alzheimer's disease
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Penn State Health St. Joseph
Exeter Ridge Health Complex
3970 Perkiomen Avenue
Exeter Township, Reading, PA 19606

Meets Monthly: 4th Tuesday at 11:00am

For More Information Contact: Cheryl Tutella, 610-779-1330



PennState Health
St. Joseph

alzheimer's  association®
the compassion to care, the leadership to conquer