

WELLNESS WORKSHOPS

at **Exeter Ridge Health Complex**

SECOND TUESDAY OF EACH MONTH – 1:00-2:30 P.M.



February 14, 2017
Mending a Broken Heart

What's New in Cardiac Care – Eileen Jones, RN



March 14, 2017
Medication Safety

Christopher Walsh, Pharmacist



April 11, 2017
Cancer: Understanding the Basics

Marc Rovito, MD



May 9, 2017
Scams and Frauds

Janene M. Holter, PA Attorney General's Office

Please RSVP to 610-779-1330 – Press Selection 2 when prompted.

NEW LOCATION!

All Wellness Workshops are held at...

Penn State Health St. Joseph
Exeter Ridge Health Complex
3970 Perkiomen Ave., Suite 101
Exeter Township, Reading, PA



PennState Health
St. Joseph