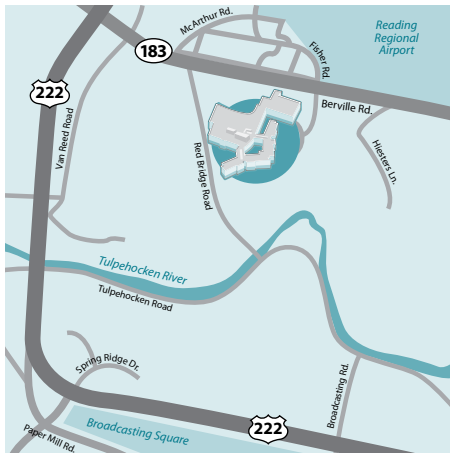


Location

The Diabetes Management Services Office is located on the first floor of the Walnut Medical Pavilion at 640 Walnut Street, Reading, PA.

A satellite office is located in the Medical Office Building, 2494 Bernville Road.



Diabetes Management Services

*Managing Diabetes for
Optimum Health and Wellness*

✦ St. Joseph Medical Center

2500 Bernville Road, Reading, PA 19605
610-378-2000

www.thefutureofhealthcare.org

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**✦ St. Joseph
Medical Center**

Philosophy

The health care professionals of the Diabetes Management Team at St. Joseph Medical Center believe that education is the key to empowering people to take charge of their lives and manage their diabetes for optimum health and wellness.

Staff

Diabetes counseling is provided by a Registered Nurse, Certified Diabetes Educator, with specialized knowledge in diabetes management, and a Registered Dietitian, Licensed Nutritionist.

Referrals

Individuals with diabetes and health care providers may contact the Diabetes Educators directly by calling 610-208-4625. Interested individuals may schedule appointments or register for classes by calling Central Scheduling at 610-378-2100.

Services

Individual Outpatient Consultations

Consultations include a needs assessment, establishment of specific diabetes treatment goals, instruction in the disease process, self-management training and follow-up to help individuals and their families cope with the lifestyle adjustments required to achieve diabetes control.

Insulin Start-Up Program

Outpatient instruction for the administration of insulin and all other types of diabetes-related injectable medications is available.

Managing Diabetes Course

This 10 hour course which provides comprehensive diabetes self-management training is recognized by the ADA.* Classes are offered weekdays and

evenings at St. Joseph Medical Center, Bern Campus and St. Joseph Health Network at Shelbourne Square.

Gestational Diabetes Program

This program provides nutrition counseling support and self glucose monitoring training necessary for motivation to achieve the treatment goals for positive outcomes for mother and baby.

Specialized Services

Specialized Services are available for children and adolescents, the visually impaired, the learning disabled and those speaking little or no English.

Parking

Limited free parking is available in the lot at the corner of 6th and Walnut Streets and at the Walnut Medical Pavilion. Additional parking is available at the Reading Parking Authority garage at Poplar and Walnut Streets. Parking passes are validated. Free parking is available at the Medical Office Building at the Bern Campus.

Fees

Medicare and other third-party payers frequently cover the costs associated with diabetes self-management training. Physician referral and/or prescription is required. Please call your insurance company to verify your benefits under diabetes management training.

